

# KICK START YOUR DAY!

Replace your normal  
cup of coffee with  
Green Coffee Plus



# SLIMMING & DETOX

## THE LATEST IN SLIMMING & DETOX

### Green Coffee Plus

Green Coffee Plus is a unique formula with an authentic coffee flavour made and developed in Australia. Use of superior **ARABICA COFFEE BEANS Plus herbs and other supplements** for continuous enjoyment of Green Coffee Plus.

### Green Coffee Plus +

Green Coffee Plus + is created from organic coffee beans, which help to reduce the absorption of sugar from the food you eat. This helps to cut down on the number of calories absorbed by the body, thus forcing the body to look for other sources of energy which is likely to be body fat.

### Slimming Chocolate Plus

Slimming Chocolate Plus will raise your metabolic rate which will help to burn excess calories and increase your energy levels. If you are feeling tired or hungry when dieting, simply take Slimming Chocolate Plus and you will introduce a whole new feeling. NO cravings and lots of energy. 70% Cocoa and NO Sugar.

### Detox Foot Patches

The new detox system simply involves attaching a sticky patch to the soles of your feet at bedtime, and wake up feeling fresh and detoxified. The patches do not put anything into your body they simply stimulate the acupressure points on your feet which help your circulation and at the same time it acts as a toxin sink and absorbs impurities from your feet.

**Tip :** Continuously take **Green Coffee Plus**, if you are feeling like you need a boost eat one **Piece of Slimming Chocolate** to help suppress your appetite.

**Tip:** **Green Coffee Plus +** as a booster to speed up your results. **Take for 20 days then continue with Green Coffee Plus.**

**Tip:** **Combined Slimming Chocolate Plus and Green Coffee Plus to maximize your results or why not try the Slimming chocolate Plus by it's self . Taste's GREAT**

**Tip:** **Use the Detox Foot Spa whilst taking Green Coffee Plus, Green Coffee Plus + or Slimming chocolate Plus to remove all broken down toxins.**

**Tip:** **Use the Detox Foot Patches whilst taking Green Coffee Plus, Green Coffee Plus + or Slimming chocolate to help remove all broken down toxins.**

[www.youthbeauty.co.nz/greencoffeeplus](http://www.youthbeauty.co.nz/greencoffeeplus)

**These products are not intended to treat, diagnose or cure any diseases or to make any claims. Consult your GP before commencing any weight management programs or for any existing health problems or concerns.**

# Green Coffee Plus (Plus Ingredients)

## + Arabica Coffee

Higher in quality and higher in Chlorogenic and Caffeic Acids, two primary compounds responsible for Antioxidants activity.

## + Green Coffee Extract

Stronger anti-oxidant properties than the other natural anti-oxidants like green tea and grape seed extract.

## + Chlorogenic Acid

A major phenolic compound found in coffee, this anti-oxidant also slows the release of glucose in the bloodstream after a meal. (medically proven Journal of International Medical Research 2007)

## + Phelonic Acid & 5-caffeoyl-quinic Acid

Together combined with Chlorogenic acid, also contributes to the slowing of glucose release into the bloodstream.

## + L- Carnitine

Derived from the amino acids, lysine and methionine. It may help in the consumption and disposal of fat in the body, because it can be responsible for the transport of fatty acids. It is often sold as a nutritional supplement.

## + Garcinia Cambogia

Derived from dried berries, believed to block the conversion of sugary foods and starches into fats, which increases energy to help burn fat already stored in the body. It may also raise the levels of serotonin, a chemical in the brain that is a key factor in appetite control.

# Slimming Chocolate Plus (Ingredients)

+ **Equal** is a sweetener used as a supplement rather than sugar, equal contains an ingredient called aspartame which adds sweetness.

+ **Garcinia Cambodia** Derived from dried berries, believed to block the conversion of sugary foods and starches into fats, which increases energy to help burn fat already stored in the body. It may also raise the levels of serotonin, a chemical in the brain that is a key factor in appetite control.

+ **HCA ( Hydroxy Citric Acid)** is an ingredient in the fruit rind of Garcinia cambogia, a tree native to Southeast Asia. Acts on a crucial step in carbohydrate and fat metabolism HCA slows down the fat-making enzyme.

+ **Guarana Extract** is derived from the seeds of small red fruit grown on large shrubs found in the Brazilian Rain Forest. One of the main ingredients in guarana extract is a form of caffeine called guaranine. Unlike caffeine, guaranine is slow to release and doesn't give the initial quick burst of energy and then the quick let-down so the energy boost will escalate over a number of hours instead of all at once.

+ **70% Cocoa Mass** Consuming naturally occurring compounds in cocoa could improve blood circulation, according to new research. It can also help blood flow in menopausal women with high cholesterol.

+ **Skimmed Milk Power (13.7%)** is deficient in fat and fat soluble vitamins but the proteins, water-soluble vitamins and minerals are preserved. This is a sweeter tasting alternative

+ **Soya Lecithin** lecithin is the emulsifier that keeps the cocoa in Slimming Chocolate from separating.

+ **Whey Powder** is a by-product of cheese production; it is one of the components which separates from milk after curdling, used as an additive.

**Cereals (Corn, rice, and wheat flour) May contain trace elements of nuts**

0800 232 900 [info@youthbeauty.co.nz](mailto:info@youthbeauty.co.nz)

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